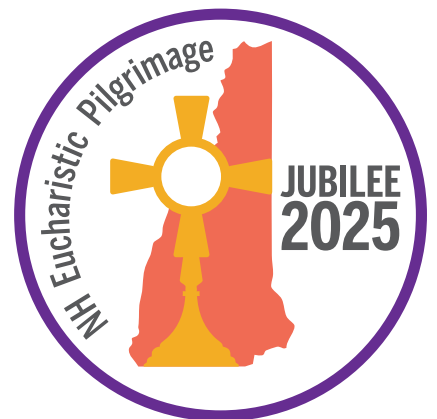


JUBILEE 2025 NH EUCHARISTIC PILGRIMAGE

“Were not our hearts burning within us?”

– Lk 24:32



Revive. Ignite. Transform.

TOOLKIT FOR
PARISHES & SCHOOLS



WHAT IS THE JUBILEE 2025 NEW HAMPSHIRE EUCHARISTIC PILGRIMAGE?

Inspired by the National Eucharistic Pilgrimage in 2024, the New Hampshire Eucharistic Pilgrimage (NHEP) will take our Eucharistic Lord in procession to every parish and Catholic school in the Diocese of Manchester from May 18 – June 19. This is a particularly graced time because it will take place during the Jubilee year 2025, an ancient custom celebrated by the Church every 25 years. Don't miss the opportunity to be a part of this unique spiritual event, a first in the diocese!

WHAT IS THE PARISH AND CATHOLIC SCHOOL TOOLKIT?

The Toolkit is designed to help parishes, schools, and some additional Catholic organizations plan and prepare for the day when our Eucharistic Lord visits their location during His procession throughout Diocese of Manchester from May 18 – June 19, 2025.

- General information about the pilgrimage can be found at www.catholicnh.org/nhjubilee

WHAT IS IN THE PARISH AND CATHOLIC SCHOOL TOOLKIT?

The Theme, Patron, and Goals of the NHEP

1. Parish and Catholic School Delegates
2. Parish and Catholic School Teams
3. Promoting the NHEP
4. The Perpetual Pilgrim Team
5. Eucharistic Visits to Parishes and Catholic Schools
6. Welcoming our Eucharistic Lord
7. Resources on the Eucharist for Families, Schools, and Parishes

Resources for Parishes and Catholic Schools for use as bulletin inserts, handouts, websites and social media provided in a separate, double-sided PDF attachment for immediate use.

THEME: PILGRIMS OF HOPE



PATRON ST. CARLO ACUTIS

(to be canonized on April 27)

THE GOALS OF THE JUBILEE 2005 NEW HAMPSHIRE EUCHARISTIC PILGRIMAGE ARE:

- **To Inspire and Ignite:**
 - A Eucharistic Revival
 - Love for the Eucharist
 - Gratitude for the Eucharist
 - Amazement for the Gift of the Eucharist
- **Reverence for the Priesthood, which makes the Eucharist possible**
 - Devotion to the Sacraments
 - Encouragement for every vocation
 - Desire to live a faithful Christian life
 - Unity among the faithful centered on our Eucharistic Lord

PREPARING THE WAY OF THE LORD

“In the wilderness prepare the way of the LORD,
make straight in the desert a highway for our God.”

– ISAIAH 40:1-2



1

THE PASTOR OR PRINCIPAL SELECTS A DELEGATE

for your Parish or School to communicate directly with Sister Mary Fatima, DMML or Mother Mary Maximilian, DMML to help coordinate the Eucharistic event when the Blessed Sacrament visits your location

- The chosen Delegate is to fill out this form as soon as possible:
<https://form.jotform.com/RCBM/nhep-delegates>
- **Contact Mother Mary Maximilian or Sister Mary Fatima for the day and time when the New Hampshire Eucharistic Pilgrimage will visit your Parish or School.**
 - Mother Mary Maximilian and Sister Mary Fatima, NHEP Coordinators
 - **Email:** mothermmaximilian@motherofhealinglove.org
 - **Email:** srmaryfatima@motherofhealinglove.org
 - **Office Phone:** 603-782-7288
 - **Address:** Ste. Marie Parish, 133 Wayne St., Manchester, NH 03102
- **Once the parish or school plans for the NHEP, the Delegate is to schedule an additional in-person meeting or phone call with Mother Mary Maximilian or Sister Mary Fatima to finalize details before *April 30*.**



2

DELEGATE ASSEMBLES A TEAM

to serve as a planning and “welcome committee” for the NHEP. Members could include:

- The Parish or School Delegate
- The Pastor
- School & Parish leadership
- Parents
- Teachers
- Parishioners
- Chaplain and/or Campus Minister (Catholic Schools)
- Parish or School communications person to help distribute and post flyers, as well as include items in the bulletin and on social media accounts
- Parish Faith Formation Director and Youth Minister for children and youth participation
- Parish Music Director or school chorus teacher to help plan music and song
- Volunteers who can help decorate the church or school for the day of the event (such as adorning with flowers and enhancing the beauty of the location)
- Volunteers to hand out water to pilgrims during the event or along the procession route, as well as point out restrooms and other facilities

A planning team is an important part of this event as it shares the work among many, fosters creativity, and promotes unity. The work of the team is as much or as little as the team decides. Nevertheless, its purpose is to realize the Goals outlined above. Ask individuals in your school & parish communities to discern if this is something they would like to do for the Lord. It is important to assemble this team as soon as possible!



3

SPREAD THE WORD!

Announce that the Diocesan Eucharistic Procession is coming and get people excited about participating.

- Share the official **Letter of Promulgation from Bishop Libasci** and explain the Plenary Indulgence offered to those participating in the NHEP:
<https://thenationalshrineofmarymotherofthechurch.com/plenary-indulgences-explained>
- Share social media posts from Diocese of Manchester on the NHEP, including the NH Eucharistic Pilgrimage announcement short video:
<https://www.youtube.com/shorts/FOxyR38ILpE>

Follow the Diocesan channels: Facebook **@dioceseofmanchester**

Instagram **@dioceseofmanchester**

X **@catholicnh**

YouTube **@catholicnh**

- The Diocesan Office of Communications encourages you to use the official New Hampshire Eucharistic Pilgrimage logo and style guide (sample image at right):
- Please contact Diocesan Communications Director Tara Bishop at tbishop@rcbm.org or (603) 663-0169.
- Create newsletter messages, bulletin inserts, announcements for families and parishioners
- Make staff meetings and all-school announcements, Parish Mass announcements.



Revive. Ignite. Transform.



4

THE PERPETUAL PILGRIM TEAM

- **Accompanying the Most Blessed Sacrament as stewards of the NHEP will be individuals called **perpetual pilgrims**. The Perpetual pilgrims will coordinate all logistics during processions and the entire NHEP route.**
- **The perpetual pilgrims will be comprised of 12-20 individuals:**
 - 5-6 young adult missionaries (ages 18-35)
 - 1-2 Religious Priests as the NHEP Chaplains
 - 1-2 Religious Brothers
 - 1-2 Diocesan Seminarians
 - 2 or more Religious Sisters of the Daughters of Mary, Mother of Healing Love
 - 1-2 lay persons who will be assisting with transportation
- **The perpetual pilgrims will be using a specially outfitted Minibus with a custom-built altar on which the Blessed Sacrament will be secured, allowing the pilgrims to process via car during the NHEP to all the procession locations.**
- **Parishes and Schools may ask the perpetual pilgrim team to help in the following ways:**
 - NHEP Chaplains are available to assist pastors in celebrating the sacraments and other liturgies such as Mass, Confessions, Adoration, Benediction, Prayers, etc.
 - Provide Eucharistic witness talks
 - Offer guided holy hours with music and meditation
 - Assist with music and prayers during procession
 - Perpetual Pilgrims will accept written prayer intentions which they will carry with them and pray for during the 33 days of the Diocesan Pilgrimage.
 - And more! Delegates: Please contact Sister Mary Fatima if you would like to request the help of the perpetual pilgrim team in a particular way for your event!
- **If someone in your Parish or School would like to be considered to become a perpetual pilgrim for a week, two weeks, or all 33 days of the NHEP, they should apply at www.catholicnh.org/nhjubilee as soon as possible. Applicants must be at least 18 years of age.**



5

EUCHARISTIC VISITS TO PARISHES AND SCHOOLS

These are to be moments of Eucharistic Devotion!

- Parish and School Teams are to plan an event of fervent Eucharistic Devotion at their locations according to their culture, strengths, and customs.
- Your Delegate(s) will help determine what devotions to choose given the time allotted for the visit of the Blessed Sacrament at your location.
- What is your creative way to tell Jesus “I love you!” when He arrives?
- Besides beautiful celebrations of Mass, Adoration, Benediction, and Eucharistic processions, here are a few examples of things to also consider:
 - Parish Stroller Processions with babies, toddlers, and families
 - Student-led hymns during Mass and/or processions
 - Choral music during processions
 - Family prayer time during adoration
 - Candlelight Adoration
 - Eucharistic witness talks by perpetual pilgrims
 - Parish community meals after processions
 - Holy Hours or All-Night Vigils with guided meditations and music
 - Solemn vespers with chant
 - Children’s Adoration
 - Waving white handkerchiefs as Jesus processes by
 - Praise and worship during Adoration
 - Families lining the procession route and bowing, genuflecting, or kneeling in reverence for Jesus as He passes by

- Tossing rose petals and flowers before Jesus during procession
 - Students holding banners they prepared with the words “Jesus I adore you” or “Jesus I love you” as the procession goes by
 - Chiming of church bells when Jesus arrives to visit
 - And for the really creative types: brightly colored sawdust carpets, flower petal carpets, or sand carpets for Jesus to process on
- **Parishes and Schools can also plan one or more outdoor “Eucharistic Stations”**
- An outdoor Eucharistic Station is table covered with an altar cloth, corporal, candles, adorned with flowers and/or images where the monstrance holding our Eucharistic Lord can be securely placed.
 - During the Eucharistic Procession, the Eucharistic Station becomes a prayerful stopping point where the presider enthrones the Blessed Sacrament on the outdoor “altar” and leads a short prayer (i.e.: a decade of the rosary, chaplet of Divine Mercy, or some other prayer). After prayer, the presider gives Benediction and the procession continues to the next destination – which can be another Eucharistic Station, the Church, or to the next processional stop.





6

WELCOMING OUR EUCHARISTIC LORD

In collaboration with the Pastor or Catholic School Principal, the Planning Team meets and determines how to welcome our Eucharistic Lord when He arrives at their parish or school. The assigned Delegate is to meet with or phone Mother Mary Maximilian or Sister Mary Fatima with the final details about your parish or school event before *April 30*.

(See section 1. for contact information) Below are some additional ideas to consider:

- *“Watch and Pray” (Mt 26:41):* Consider a Parish/School-wide Novena and/or Mass leading up to Procession arrival, encourage sign-ups for holy hours in the parish or school chapel
- *“Let the Children come to me” (Mt 19:14):* Children & youth are invited to be involved - Joining the procession, tossing flower petals, carrying banners/flags, singing songs and hymns, etc.
- *“Hail, full of grace” (Lk 1:28)* Consider Enrolling the school or parish in the miraculous medal or brown scapular
- *“Blessed is He who comes in the name of the Lord” (Jn 12:13):* Line the route to greet Our Lord with banner or handkerchief waving, colorful sidewalk chalk art, etc.
- Have students & families learn about the life of Blessed (soon to be Saint) Carlo Acutis, patron of the NHEP, and a patron of the Eucharist and of youth. Create banners with his image and some of his quotes, “The Eucharist is my highway to heaven” and “To always be close to Jesus, that is my life’s plan.”
- *“I will rejoice heartily in the Lord, my being exults in my God” (Is 61:10):* If processing, have First Communicants prepare to walk with Jesus in their dresses/suits
- *“I am the Light of the World” (Jn 8:12):* Ask children to volunteer as altar servers
- *“Make a joyful noise unto the Lord, all the earth” (Ps 100:1) “Sing praise to him, play music; proclaim all his wondrous deeds” (Ps 105:2):* Cheer and shout “Alleluia!”, sing songs or play instruments as the procession arrives.

- *“The Lord is near. Have no anxiety at all, but in everything, by prayer and petition, with thanksgiving, make your requests known to God” (Phil. 4:6):* Create and fill prayer intention bowls in each classroom that student leaders in each class will present to Our Lord, or carry in the procession. Offer a similar idea to students in faith formation classes, and in parish ministries.
- *“...For you are all one in Christ Jesus” (Gal, 3:28):* Join the all-school or all-parish novena, pray a family/parish/classroom/school-wide Rosary or Chaplet of Divine Mercy
- *“Come, follow me” (Mt 19:21)* Encourage all school families and parishioners to join in your planned pilgrimage activities.
- *“Be you therefore perfect, as also your heavenly Father is perfect” (Mt 5:48)* Suggest to families to make St. Louis de Monfort’s Total Consecration to Jesus through Mary, or the Children’s consecration to Jesus through Mary. This consecration and the Children’s Rosary are being promoted in parishes and Catholic schools.
 - <https://childconsecration.com/manchester> The consecration is modelled after St. Louis de Montfort’s True Devotion to Mary and can be done by people of all ages. Books can be purchased, or all the days prayers can be read online at:
 - <https://childconsecration.com/consecration-journey-outline/>
 - These links and additional information for activities in the Diocese of Manchester are available at www.catholicnh.org/rosary.
- *“My soul magnifies the Lord” Luke 1:46-* Encourage parishes and schools to pray the Children’s Rosary, to be offered soon in schools and parish faith formation. More information can be found here below:
 - [2 Min invitation video \(www.youtube.com/watch?v=SAQ21ri6Odw&t=3s\)](http://www.youtube.com/watch?v=SAQ21ri6Odw&t=3s) to schools to start a Children’s Rosary
 - <https://childrensrosary.org/>
 - [Information video \(www.youtube.com/watch?v=XPyr31kaqx0&t=600s\)](http://www.youtube.com/watch?v=XPyr31kaqx0&t=600s) on how to run your first Children’s Rosary meeting in a school
 - [Children’s Rosary informational flyer \(https://publuu.com/flip-book/635926/1423976/page/1\)](https://publuu.com/flip-book/635926/1423976/page/1)
 - [Vatican website \(https://laityinvolved.org/project/childrens-rosary/\)](https://laityinvolved.org/project/childrens-rosary/) promoting the Children’s Rosary with Bishops for their dioceses.
- Catholic School Student Video contest at the Annual Catholic School Gala:
 - Apply and submit a video on the Eucharist to be shown at the annual Catholic School Gala



7

ADDITIONAL RESOURCES ON THE EUCHARIST FOR FAMILIES, SCHOOLS, AND PARISHES

The Real Presence:

- Why the Eucharist is NOT a Symbol (Fr. Mike's Sunday Homily) #shorts (<https://www.youtube.com/shorts/9UwNvMJGx-o>)
- 3MC - Episode 38 - What is the Eucharist? (<https://www.youtube.com/watch?v=iRtDGELg27w&t=7s>)

For children:

- The True Presence Dynamic Catholic (<https://www.youtube.com/watch?v=q4QiyQAgP7w>)
- What Is the Eucharist? - For Kids - National Eucharistic Revival (<https://learn.eucharisticrevival.org/for-kids/videos/ac18-what-is-the-eucharist>)
- What Is the Mass? - For Kids - National Eucharistic Revival (<https://learn.eucharisticrevival.org/for-kids/videos/ac31-what-is-the-mass>)

Adoration:

- Fr. Mike Schmitz – What Really Happens in Eucharistic Adoration (<https://www.youtube.com/watch?v=Y6hXG43Fflw>)
- Fr. Josh Johnson – What Do We Do in Adoration? (<https://www.youtube.com/watch?v=mbyMeNPddBs>)
- Adoration for Children and families – Fr. Antoine Fr. Antoine - Adoration for Children (<https://www.adorationforchildren.org/why/fr-antoine/>)
- Summary Flyer - Adoration for Children (<https://www.adorationforchildren.org/resources/flyer/>)
- Articles - Adoration for Children (<https://www.adorationforchildren.org/resources/articles/>)
- Look to Him and be Radiant: Adoration with Kids [printables!] (<https://www.looktohimandberadiant.com/2015/06/adoration-with-kids-printables.html>)