The annual observance of Lent recalls the twofold theme of **baptism** and **repentance**.

1. Catechumens are led to the sacraments of initiation by means of the rites of election, the scrutinies, and catechesis;
2. Validly baptized non-Catholics are received into the Church by renewal of the baptismal promises, the professions of acceptance of the Catholic Faith and reception of the Sacrament of Confirmation and Holy Eucharist;
3. The Faithful, listening more intently to the word of God and devoting themselves to prayer, are prepared through a spirit of repentance to renew their baptismal promises.

## CHURCH ENVIRONMENT DURING LENT

- On the Altar at least one cloth, white in color. In the U.S. other cloths are used in addition, provided that the mensa itself is covered in a white altar cloth.
- The Altar is not to be decorated with flowers, though solemnities, feasts and the Fourth Sunday of Lent are exceptions.
- Rose colored vestments may be worn on the Fourth Sunday of Lent (**Laetare Sunday**).
- **From the Saturday eve of the Fifth Sunday of Lent until the beginning of the Easter Vigil**, images in the church may be **covered**.

> **Images are not covered at the beginning of Lent.** Universal custom for centuries directed that from the week before Palm Sunday and throughout Holy Week the images were to be covered. In recent years the covering of statues is universally restored as previously from the Saturday eve of the Fifth Sunday of Lent. Please be sure that your parish liturgical environment ministry is made aware of this. All other Lenten decoration may be in place on the eve of Ash Wednesday, but covering of images must follow universal norm.

- Holy Water – Emptying or covering holy water fonts during Lent is a modern innovation not found in the Church’s directives. Water is always kept in holy water fonts until after Mass on Holy Thursday, when they are emptied of holy water and later refilled with the water blessed at the Easter Vigil. (*Paschales Solemnitatis, #97*) Congregation for Divine Worship and Discipline of the sacraments: 3/14/03.Prot.N.569/00/2

- Use of Musical Instruments during Lent: The GIRM (2011) states in #313: “In Lent, the playing of the organ and musical instruments is allowed only in order to support the singing. Exceptions are on Laetare Sunday (Fourth Sunday of Lent), solemnities, and feasts.”
THE COMMEMORATION OF THE SAINTS DURING LENT

- Solemnities and feasts are celebrated as usual.
- All memorials of Saints occurring during Lent are observed as optional.
- Saints are commemorated as follows:

  ✱ At Mass: *(only the Opening Prayer may reflect the saint’s commemoration).*
  ✓ The color of vestments is always violet.
  ✓ Opening prayer of the saint may replace that of the Lenten weekday.
  ✓ Liturgy of the Word remains that of the Lenten weekday.
  ✓ Prayer over the Gifts remain that of the Lenten weekday.
  ✓ Preface of Lent remains *(except with Eucharistic Prayers having their own Preface).*
  ✓ Prayer after Communion remains that of the Lenten weekday.

  ✱ In the Liturgy of the Hours
  ✓ At the Office of Readings:
    After the Lenten weekday second reading and responsory, the reading of the saint and its responsory may be read.
    The concluding Prayer of the Saint’s commemoration may be offered.
  ✓ At Morning Prayer and Evening Prayer:
    The Antiphon for the Saint and the concluding Prayer of the Saint may replace those of the weekday.

ASH WEDNESDAY  14 February 2024

- Is a day of universal Fast
  (observed by all who are 18 to 58 years of age inclusive/ one full meal and two much lighter meals/ nothing to eat in between meals/ liquids such as water, milk and juices are allowed).
- and Abstinence
  (observed by all who are 14 years of age and older/ no meat is allowed unless required for reasons of health).

_Liturgical Note:_ There is no Act of Penitence on Ash Wednesday. The Liturgy of the Word begins immediately after the Collect.

Fasting, almsgiving and prayer are the three traditional disciplines of Lent that should be taken seriously in a spirit of penance and of preparation for baptism and renewal of baptism by Easter.
• Blessing and Distribution of Ashes
  ✓ On Ash Wednesday, the blessing and distribution of ashes normally takes place during Mass, after the homily. However, when circumstances require, the blessing and distribution may take place apart from Mass during a celebration of the word of God. (See Book of Blessings #1656-1678).
  ✓ These ashes are of branches of the olive tree, or, according to custom, of the palm tree or other trees, which have been blessed the previous year.
  ✓ The ordinary minister for the blessing of ashes is a priest or deacon. Others (e.g. extraordinary ministers of holy communion) may assist with the imposition of ashes where there is genuine need, especially for the sick and shut-ins. One of the following formulas is used when imposing ashes on the forehead: “Repent, and believe in the Gospel.” Or “Remember that you are dust, and to dust you shall return.”

FRIDAYS OF LENT   FULL ABSTINENCE FROM MEAT

• All Fridays of Lent are days of full abstinence from meat for all who are 14 years of age and older (unless prohibited for reasons of health).

FIRST SUNDAY OF LENT  18 February 2024

• Rite of Election – for true Catechumens only: the un-Baptized only.  
  Rite of Election at the Cathedral.
  If the Rite of Election or Enrollment of Names of the un-Baptized Catechumens is celebrated in the parish church, it is done at one of the Sunday Masses.

• AT ST. JOSEPH CATHEDRAL  
  2:00 P.M. The Rite of Election for un-Baptized only.  
  (Please note that there is only ONE ceremony).

FIFTH SUNDAY OF LENT  17 March 2024

• Images in the church may be covered from the conclusion of the Mass for Saturday (morning) of the Fourth Week of Lent until the beginning of the Easter Vigil.

SOLEMNITY OF SAINT JOSEPH  Tuesday 19 March 2024

• Liturgically, this is the Patronal feast of the Diocese of Manchester and a Solemnity.
• White vestments.
• Propers of St. Joseph, 19 March 2024.
• Gloria is sung or said.
**WEDDING MASSES**

Ritual Masses for the Celebration of Marriage may not take place on Ash Wednesday, on Sundays of Lent, during Holy Week, during the Paschal Triduum, or on Sundays of Easter. “The celebration of Marriage on Friday of the Passion of the Lord and on Holy Saturday is to be avoided altogether.” Marriages may take place at other times during Lent according to the proper liturgical norms and provisions (it is important to be mindful that should the *Ritual Mass for the Celebration of Marriage* be used, the use of the Gloria is prescribed even during the season of Lent). It is contrary to the penitential spirit of the season to have overly elaborate weddings or lavish receptions. Those who need to have marriages convalidated before the Easter Vigil should do so prior to Holy Week, not on Holy Saturday or during the Great vigil of Easter.

**FUNERAL MASSES**

Funeral Masses are not to be celebrated on Holy Thursday, Good Friday, or Holy Saturday, nor on the Sundays of Lent. When pastoral considerations necessitate that a funeral be celebrated on these days, the Liturgy of the Word with the Final Commendation and Farewell may be conducted.

**IMPORTANT DATES TO REMEMBER**

- The Solemnity of the Annunciation of the Lord – This year, due to Holy Week, the Solemnity of the Annunciation is transferred from 25 March to Monday 8 April 2024.
  - All are asked to genuflect at “and by the Holy Spirit” in the Creed.
- Fourth Sunday of Easter: *21 April 2024*
  - World Day of Prayer for Vocations is celebrated this day. Prayers for vocations to the priesthood and consecrated life should be inserted into the General Intercessions at Mass.
- Ascension Thursday: *9 May 2024*
- Pentecost Sunday: *19 May 2024*
- Solemnity of the Most Holy Trinity: *26 May 2024*
- Ordination to the Order of Presbyter: *Saturday 1 June 2024*
- The Most Holy Body and Blood of Christ (Corpus Christi): *2 June 2024*
- Solemnity of the Most Sacred Heart of Jesus: *Friday 7 June 2024*
  - World Day of Prayer for the Sanctification of Priests: *Friday 7 June 2024*

Notes on Palm Sunday, Holy Week and Easter will follow in a later notice.

❖ *Liturgical Questions may be directed to the Office of Worship, 603-622-6404, X17*