

5 Ways to Observe



October
2021

1 Draw Upon www.respectlife.org/celebrate

The United States Conference of Catholic Bishops has recommended a number of ways for us to observe Respect Life Month. Below, we've put a local spin on some of their ideas, but don't miss [their page](#) and [other resources](#).

2 *Learn About & Pray for Project Rachel Ministries*

[Project Rachel](#) is the U.S. Catholic Church's ministry to those who have been involved in abortion. To learn more about Project Rachel in New Hampshire, visit CatholicNH.org/ProjectRachel.

3 *Support a Local Pregnancy Center*

Pregnancy centers offer much-needed assistance to women and their children. Contact your Parish's Catholic Citizenship or Respect Life group to find the nearest center. Also, checkout [Walking with Mom's in Need](#).

4 *Pray the Rosary*

In addition to Respect Life Month, October is also known as the month of the Rosary. For the cause of life, consider doing a "rosary tour": identify 5 nearby Marian locations (parishes, parish statues, icons, etc.), pray a decade at each.

5 *Advocate for the Cause of Life*

The Office of Public Policy has provided a great list of ways to make your voice heard. Visit Catholicnh.org/action for ideas. Consider signing up for our diocesan pilgrimage to the national March for Life: Catholicnh.org/M4L.

