

# Child Abuse Prevention

**One person's stance against child abuse and child sexual abuse has a ripple effect. Other lives are touched and changed as a result. Each of us can contribute to creating safe environments for all children in our communities. If one person can accomplish so much, imagine what is possible when members of a community work together to protect children. The potential is tremendous!**

## Simple Steps you can take

- ⚙ Educate yourself about child abuse prevention.
- ⚙ Report any suspicions of child abuse.
- ⚙ Listen to children.
- ⚙ Know that abuse is never a victim's fault.
- ⚙ Believe in your own power to make a difference.



## What can parents do?

- ⚙ Teach children about healthy and safe relationships. Know the warning signs of potential abuse.
- ⚙ Know about your children's lives. Who do they spend time with? Where do they spend their time? Look out for older individuals who seem to be befriending your child.
- ⚙ Make sure that personnel at your child's school or other adults in their lives are trained in sexual abuse prevention.
- ⚙ Make sure your child knows what to do in the event of an assault.

**To report child abuse in  
New Hampshire  
Contact:  
NH Division for Children,  
Youth and Families  
1-800-894-5533**