

Diocese of Manchester
Fair Kind and Free

Implementation Guidelines

The video *Fair, Kind and Free* covers issues relating to bullying and harassment. Students will watch the video and then discuss the questions in small or large groups.

Age Level: Grades 7-9

Discussion Questions

Use these questions to promote group discussion after students watch the video.

1. What stands out to you after watching the video? Why?
2. Do you know someone who embodies the concept of fair and kind (no need to use names)? What is about them that makes you think of that person when you hear the phrase ‘fair and kind’?
3. According to the video, before saying or doing anything, it’s a good idea to ask yourself, “Is this the kind of person I want to be?” Do you have a favorite prayer, saying, or motto that helps you think before you act?
4. The video shows mostly males harassing females. Do you think that’s accurate? Why/why not?
5. Are there other types of bullying or harassment that aren’t covered in this video that are of concern to us as a class/school?
6. Who would you tell if you witnessed or heard about harassment or bullying taking place in person or online? Who at our school is the person to whom we can report?
7. It can be hard to speak up or tell someone else when you’re being harassed. Why do you think that is? What could be done at our school to make it easier to report unwanted behavior/harassment?
8. Most people agree that the world would be a better place if everyone was fair and kind to each other. How can we better promote a fair and kind culture in our school? In our community?