

Many people are overwhelmed with life's chaos and unable to develop a path forward. Our caring and experienced staff, through our wide range of programs and services, helps those in crisis build the life that they want to live.

REPORT

Creating Pathways Out of Poverty for Individuals & Families

Community Services works with those living in poverty or without adequate resources to get by, providing support services to address urgent needs and case management services to shift the fundamental dynamics of their lives and create paths to long-term success.

Helping Neighbors Overcome Mental Health Barriers

Mental Health Counseling Services provides flexible mental health counseling to help individuals gain the skills necessary to better cope with life's difficult situations, find a greater sense of peace and improve their overall quality of life.

Supporting Homeless & At-Risk Veterans

Liberty House offers substance-free transitional housing, a supportive environment and various forms of other assistance to help struggling veterans heal, gain meaningful employment and get their lives back on track.

Helping Seniors Live Independent & Fulfilling Lives

The CareGivers provides the resources – food delivery, rides to medical appointments and emotional support – to help homebound and disabled seniors across Greater Manchester and Greater Nashua continue to live independently in their own homes and know that they are not alone.

Monadnock at Home creates an extensive social and wellness network – including volunteer-driven transportation, social opportunities and assistance with everyday home needs – to help seniors across the Monadnock Region remain living independently and thriving within their own communities.

Healthcare Services, through our award-winning skilled nursing facilities, provides compassionate care in a faith-based environment, giving residents and family members peace of mind knowing that they are receiving the highest level of support.

Giving Children the Resources to Heal

St. Charles School provides specialized services and a unique learning environment to help children with severe emotional disturbances or other forms of behavioral impairments better connect with others and begin to reach their full potential.

Building Loving & Stable Families

Our Place nurses and educators equip families with the pregnancy and parenting skills – and confidence – to create a nurturing and safe environment for their children and be the parents they aspire to be.

Adoption & Maternity Services provides a wide range of placement and post-adoption services that build, strengthen and unify families.

Welcoming Newcomers

Immigration Legal Services helps newcomers achieve their goal of being proud and productive United States citizens, through advocacy and high-quality, affordable legal services.

Feeding the Hungry

The **New Hampshire Food Bank** collects and distributes food to more than 425 agencies statewide and addresses the root causes of hunger through culinary job training programs, mobile food pantries and other innovative programs.

