

5139 Reta Trust EPO 1000 80

Coverage Period: Beginning On or After 7/1/2021

Coverage for: Individual + Family | Plan Type: EPO

The Summary of Benefits and Coverage (SBC) document will help you choose a health <u>plan</u>. The SBC shows you how you and the <u>plan</u> would share the cost for covered health care services. NOTE: Information about the cost of this <u>plan</u> (called the <u>premium</u>) will be provided separately.

This is only a summary. For more information about your coverage, or to get a copy of the complete terms of coverage, visit <u>bsca.com/policies</u> or call 1-888-772-1076. For general definitions of common terms, such as <u>allowed amount</u>, <u>balance billing</u>, <u>coinsurance</u>, <u>copayment</u>, <u>deductible</u>, <u>provider</u>, or other <u>underlined</u> terms see the Glossary. You can view the Glossary at <u>healthcare.gov/sbc-glossary</u> or call 1-866-444-3272 to request a copy.

Important Questions	Answers	Why This Matters:
What is the overall deductible?	\$1,000 per individual / \$2,000 per family for <u>participating providers</u> .	Generally, you must pay all of the costs from <u>providers</u> up to the <u>deductible</u> amount before this <u>plan</u> begins to pay. If you have other family members on the <u>plan</u> each family member must meet their own individual <u>deductible</u> until the total amount of <u>deductible</u> expenses paid by all family members meets the overall family <u>deductible</u> .
Are there services covered before you meet your <u>deductible</u> ?	Yes. <u>Preventive care</u> and services listed in your complete terms of coverage.	This <u>plan</u> covers some items and services even if you haven't yet met the <u>deductible</u> amount. But a <u>copayment</u> or <u>coinsurance</u> may apply. For example, this <u>plan</u> covers certain <u>preventive services</u> without <u>cost-sharing</u> and before you meet your <u>deductible</u> . See a list of covered <u>preventive services</u> at <u>healthcare.gov/coverage/preventive-care-benefits</u> .
Are there other deductibles for specific services?	No.	You don't have to meet <u>deductibles</u> for specific services.
What is the <u>out-of-pocket</u> <u>limit</u> for this <u>plan</u> ?	\$5,000 per individual / \$10,000 per family for <u>participating providers</u> .	The <u>out-of-pocket limit</u> is the most you could pay in a year for covered services. If you have other family members in this <u>plan</u> , they have to meet their own <u>out-of-pocket limits</u> until the overall family <u>out-of-pocket limit</u> has been met.
What is not included in the <u>out-of-pocket limit?</u>	<u>Copayments</u> for certain services, <u>premiums</u> , <u>balance-billing</u> charges, and health care this <u>plan</u> doesn't cover.	Even though you pay these expenses, they don't count toward the out-of-pocket limit.
Will you pay less if you use a <u>network provider</u> ?	Yes. See <u>blueshieldca.com/fad</u> or call 1-888-772-1076 for a list of <u>network providers</u> .	This <u>plan</u> uses a <u>provider network</u> . You will pay less if you use a <u>provider</u> in the <u>plan's</u> network. You will pay the most if you use an <u>out-of-network provider</u> , and you might receive a bill from a <u>provider</u> for the difference between the <u>provider's</u> charge and what your <u>plan</u> pays (<u>balance billing</u>). Be aware, your <u>network provider</u> might use an <u>out-of-network provider</u> for some services (such as lab work). Check with your <u>provider</u> before you get services.
Do you need a <u>referral</u> to see a <u>specialist</u> ?	No.	You can see the specialist you choose without a referral.



All **copayment** and **coinsurance** costs shown in this chart are after your **deductible** has been met, if a **deductible** applies.

Common Medical		What You Will Pay		Limitations Evacations & Other
Event	Services You May Need	<u>Participating Provider</u> (You will pay the least)	Non-Participating Provider (You will pay the most)	Limitations, Exceptions, & Other Important Information
	Primary care visit to treat an injury or illness	\$25/visit; <u>deductible</u> does not apply	Not Covered	None
If you visit a health care provider's office or clinic	Specialist visit	\$40/visit; <u>deductible</u> does not apply	Not Covered	
	Preventive care/screening /immunization	No Charge; <u>deductible</u> does not apply	Not Covered	You may have to pay for services that aren't <u>preventive</u> . Ask your <u>provider</u> if the services needed are <u>preventive</u> . Then check what your <u>plan</u> will pay for.
If you have a test	you have a test Diagnostic test (x-ray, blood work) X-Ray & Imaging: 20% Covered Other Diagnostic Examination: 20% coinsurance Examination: 20% coinsurance Outpatient Radiology Center: Outpatient Radiology Center: Not Covered Other Diagnostic Examination: 20% coinsurance Outpatient Radiology Center: Not Covered Other Diagnostic Examination: 20% coinsurance Outpatient Radiology Center: Not Covered Other Diagnostic Examination: Outpatient Radiology Center: Outpatient Radiolo	Lab & Path: Not Covered X-Ray & Imaging: Not Covered Other Diagnostic Examination: Not Covered	The services listed are at a freestanding location.	
		20% <u>coinsurance</u> Outpatient Hospital: 20%	Outpatient Radiology Center: Not Covered Outpatient Hospital: Not Covered	Preauthorization is required. Failure to obtain preauthorization may result in non-payment of benefits.
If you need drugs to treat your illness or condition	Generic drugs	Retail: \$10/prescription Mail Service: \$20/prescription	Retail: Not Covered Mail Service: Not Covered	Reta Trust contracts with CVS Caremark to manage outpatient prescription Drug Benefits. CVS Caremark authorizes services, processes claims, and addresses complaints and grievances for those outpatient prescription Drug Benefits on behalf of Reta Trust. If you receive a Covered Service from CVS Caremark, you should contact CVS Caremark directly at 1-800-844-0719.

^{*} For more information about limitations and exceptions, see the plan or policy document at bsca.com/policies.

Blue Shield of California is an independent member of the Blue Shield Association.

Common Madical		What You	Limitations Expensions & Other	
Common Medical Event	Services You May Need	<u>Participating Provider</u> (You will pay the least)	Non-Participating Provider (You will pay the most)	Limitations, Exceptions, & Other Important Information
	Brand formulary drugs	Retail: \$30/prescription Mail Service: \$60/prescription	Retail: Not Covered Mail Service: Not Covered	Fill for 90 days at Caremark mail order for only 2x the copay. Sign up for
	Brand non-formulary drugs	Retail: \$50/prescription Mail Service: \$100/prescription	Retail: Not Covered Mail Service: Not Covered	Caremark.com to check your specific drug coverage and costs. Contraceptive drugs are not covered.
	Specialty drugs	\$50/prescription	Retail: Not Covered Mail Service: Not Covered	Specialty Medications must be filled at CVS Specialty Pharmacy. Visit CVSSpecialty.com or call Specialty Customer Care at 1-800-237-2767. 30-day, 60-day, 90-day supply limit for retail. 90-day supply limit for mail order. 30-day supply limit for Specialty.
If you have outpatient surgery	Facility fee (e.g., ambulatory surgery center)	Ambulatory Surgery Center: 20% coinsurance Outpatient Hospital: 20% coinsurance	Ambulatory Surgery Center: Not Covered Outpatient Hospital: Not Covered	None
	Physician/surgeon fees	20% coinsurance	Not Covered	
If you need immediate medical attention	Emergency room care	Facility Fee: \$200/visit + 20% coinsurance; deductible does not apply Physician Fee: 20% coinsurance; deductible does not apply	Facility Fee: \$200/visit + 20% coinsurance; deductible does not apply Physician Fee: 20% coinsurance; deductible does not apply	None
	Emergency medical transportation	20% coinsurance	20% coinsurance	This payment is for emergency or authorized transport.
	<u>Urgent care</u>	\$50/visit; <u>deductible</u> does not apply	Not Covered	None
If you have a hospital stay	Facility fee (e.g., hospital room)	20% coinsurance	Not Covered	<u>Preauthorization</u> is required. Failure to obtain <u>preauthorization</u> may result in non-payment of benefits.
	Physician/surgeon fees	20% coinsurance	Not Covered	None

 $^{^{\}star}$ For more information about limitations and exceptions, see the plan or policy document at $\underline{\text{bsca.com/policies}}.$

Common Medical		What You Will Pay		Limitations Evacutions 9 Other
Event	Services You May Need	Participating Provider	Non-Participating Provider	Limitations, Exceptions, & Other Important Information
If you need mental health, behavioral health, or substance	Outpatient services	Office Visit: \$25/visit; deductible does not apply Other Outpatient Services: 20% coinsurance Partial Hospitalization: 20% coinsurance Psychological Testing: 20% coinsurance	Office Visit: Not Covered Other Outpatient Services: Not Covered Partial Hospitalization: Not Covered Psychological Testing: Not Covered	Preauthorization is required except for office visits. Failure to obtain preauthorization may result in non-payment of benefits.
abuse services Inpatient services	Inpatient services	Physician Inpatient Services: 20% coinsurance Hospital Services: 20% coinsurance Residential Care: 20% coinsurance	Physician Inpatient Services: Not Covered Hospital Services: Not Covered Residential Care: Not Covered	Preauthorization is required. Failure to obtain preauthorization may result in non-payment of benefits.
	Office visits	No Charge; <u>deductible</u> does not apply	Not Covered	
If you are pregnant	Childbirth/delivery professional services	20% coinsurance	Not Covered	None
	Childbirth/delivery facility services	20% coinsurance	Not Covered	

 $^{^{\}star}$ For more information about limitations and exceptions, see the plan or policy document at $\underline{\text{bsca.com/policies}}.$

Osmon Madisəl		What You	Limitations Evacations ? Other	
Common Medical Event	Services You May Need	<u>Participating Provider</u> (You will pay the least)	Non-Participating Provider (You will pay the most)	Limitations, Exceptions, & Other Important Information
	Home health care	20% <u>coinsurance</u>	Not Covered	<u>Preauthorization</u> is required. Failure to obtain <u>preauthorization</u> may result in non-payment of benefits. Coverage limited to 120 visits per member per calendar year.
	Rehabilitation services	Office Visit: \$40/visit; deductible does not apply Outpatient Hospital: 20% coinsurance	Office Visit: Not Covered Outpatient Hospital: Not Covered	None
recovering or have other special health needs Skilled	Habilitation services	Office Visit: \$40/visit; deductible does not apply Outpatient Hospital: 20% coinsurance	Office Visit: Not Covered Outpatient Hospital: Not Covered	INOLIG
	Skilled nursing care	Freestanding SNF: 20% coinsurance Hospital-based SNF: 20% coinsurance	Freestanding SNF: Not Covered Hospital-based SNF: Not Covered	Preauthorization is required. Failure to obtain preauthorization may result in non-payment of benefits. Coverage limited to 120 days per member per benefit period.
	Durable medical equipment	20% coinsurance	Not Covered	<u>Preauthorization</u> is required. Failure to obtain <u>preauthorization</u> may result in non-payment of benefits.
	Hospice services	20% coinsurance	Not Covered	Preauthorization is required except for pre-hospice consultation. Failure to obtain preauthorization may result in non-payment of benefits.
If your child needs	Children's eye exam	Not Covered	Not Covered	
dental or eye care	Children's glasses	Not Covered	Not Covered	None
acilial of cyc cale	Children's dental check-up	Not Covered	Not Covered	

 $^{^{\}star}$ For more information about limitations and exceptions, see the plan or policy document at $\underline{\text{bsca.com/policies}}.$

Excluded Services & Other Covered Services:

Services Your Plan Generally Does NOT Cover (Check your policy or plan document for more information and a list of any other excluded services.)

Abortion

Hearing Aids

- Non-emergency care when traveling outside the U.S.
- Routine foot care

Cosmetic surgery

Infertility Treatment

Private-duty nursing

Weight loss programs

• Dental care (Adult)

Long-term care

• Routine eye care (Adult)

Other Covered Services (Limitations may apply to these services. This isn't a complete list. Please see your plan document.)

Acupuncture

Bariatric surgery

• Chiropractic Care

Your Rights to Continue Coverage: There are agencies that can help if you want to continue your coverage after it ends. The contact information for those agencies is: Department of Health and Human Services, Center for Consumer Information and Insurance Oversight, at 1-877-267-2323 x61565 or cciio.cms.gov. Other coverage options may be available to you too, including buying individual insurance coverage through the Health Insurance Marketplace. For more information about the Marketplace, visit HealthCare.gov or call 1-800-318-2596.

Your Grievance and Appeals Rights: There are agencies that can help if you have a complaint against your <u>plan</u> for a denial of a <u>claim</u>. This complaint is called a <u>grievance</u> or <u>appeal</u>. For more information about your rights, look at the explanation of benefits you will receive for that medical <u>claim</u>. Your <u>plan</u> documents also provide complete information to submit a <u>claim</u>, <u>appeal</u>, or a <u>grievance</u> for any reason to your <u>plan</u>. For more information about your rights, this notice or assistance, contact: Blue Shield Customer Service at 1-888-772-1076 or the Department of Labor's Employee Benefits Security Administration at **1-866-444-EBSA (3272)** or dol.gov/ebsa/healthreform.

Does this <u>plan</u> provide Minimum Essential Coverage? Yes

Minimum Essential Coverage generally includes plans, health insurance available through the Marketplace or other individual market policies, Medicare, Medicaid, CHIP, TRICARE, and certain other coverage. If you are eligible for certain types of Minimum Essential Coverage, you may not be eligible for the premium tax credit.

Does this plan meet the Minimum Value Standards? Yes

If your plan doesn't meet the Minimum Value Standards, you may be eligible for a premium tax credit to help you pay for a plan through the Marketplace.

^{*} For more information about limitations and exceptions, see the plan or policy document at bsca.com/policies.

Language Access Services:

English: For assistance in English at no cost, call 1-866-346-7198.

Spanish (Español): Para obtener asistencia en Español sin cargo, llame al 1-866-346-7198.

Tagalog (Tagalog): Kung kailanganninyo ang libreng tulongsa Tagalog tumawag sa 1-866-346-7198.

Chinese (中文): 如果需要中文的免费帮助,请拨打这个号码1-866-346-7198.

Navajo (Dine): Diné k'ehjí doo baah ílínígó shíka' at'oowoł nínízingo, kwiji' hodíílnih 1-866-346-7198.

Vietnamese (Tiếng Việt): Đểđược hỗ trợ miễn phí tiếng Việt, vui lòng gọi đến số 1-866-346-7198.

Korean (한국어): 한국어도움이필요하시면, 1-866-346-7198 무료전화 로전화하십시오.

Armenian (Հայերեն)։ Հայերեն լեզվով անվճար օգնություն ստանալու համար խնդրում ենք զանգահարել 1-866-346-7198.

Russian (Русский): если нужна бесплатная помощь на русском языке, то позвоните 1-866-346-7198.

Japanese (日本語): 日本語支援が必要な場合1-866-346-7198に電話をかけてください。無料で提供します。

براى دريافت كمك رايگان زبان فارسى، لطفاً با شماره تلفن 7198-346-1-36-1 تماس بگيريد. : (فارسي) Persian

Punjabi (ਪੰਜਾਬੀ): ਪੰਜਾਬੀ ਵਿਚ ਸਹਾਇਤਾ ਲਈ ਕਿਰਪਾ ਕਰਕੇ 1-866-346-7198 'ਤੇ ਕਾੱਲ ਕਰੋ।

Khmer (ភាសាខ្មែរ)៖ សូមជំនួយភាសាអង់គ្លេសដោយឥតគិតផ្អៃ សូមទាក់ទងមកលេខ 1-866-346-7198។

لحصول على المساعدة في اللغة العربية مجانا، تفضل باتصال على هذا الرقم: 7198-346-1-1. (العربية) Arabic

Hmong (Hnoob): Xav tau kev pab dawb lub Hmoob, thov hu rau 1-866-346-7198.

Hindi (हिन्दी): हिन्दी में बिना खर्च के सहायता के लिए, 1-866-346-7198 पर कॉल करें।

Thai (ไทย): สำหรับความช่วยเหลือเป็นภาษาไทยโดยไม่มีค่าใช้จ่ายโปรดโทร 1-866-346-7198

Laotian (ພາສາລາວ): ສໍາລັບການຊ່ວຍເຫຼືອເປັນພາສາລາວແບບບໍ່ເສຍຄ່າ, ກະລຸນາໂທ1-866-346-7198.

-To see examples of how this <u>plan</u> might cover costs for a sample medical situation, see the next section.—

PRA Disclosure Statement

According to the Paperwork Reduction Act of 1995, no persons are required to respond to a collection of information unless it displays a valid OMB control number. The valid OMB control number for this information collection is **0938-1146**. The time required to complete this information collection is estimated to average **0.08** hours per response, including the time to review instructions, search existing data resources, gather the data needed, and complete and review the information collection. If you have comments concerning the accuracy of the time estimate(s) or suggestions for improving this form, please write to: CMS, 7500 Security Boulevard, Attn: PRA Reports Clearance Officer, Mail Stop C4-26-05, Baltimore, Maryland 21244-1850.

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^{*} For more information about limitations and exceptions, see the plan or policy document at bsca.com/policies.

About these Coverage Examples:



This is not a cost estimator. Treatments shown are just examples of how this <u>plan</u> might cover medical care. Your actual costs will be different depending on the actual care you receive, the prices your <u>providers</u> charge, and many other factors. Focus on the <u>cost sharing</u> amounts (<u>deductibles</u>, <u>copayments</u> and <u>coinsurance</u>) and <u>excluded services</u> under the <u>plan</u>. Use this information to compare the portion of costs you might pay under different health <u>plans</u>. Please note these coverage examples are based on self-only coverage.

Peg is Having a Baby

(9 months of <u>participating</u> pre-natal care and a hospital delivery)

■ The <u>plan's</u> overall <u>deductible</u>	\$1,000
■ Specialist copayment	\$40
■ Hospital (facility) coinsurance	20%
■ Other coinsurance	20%

This EXAMPLE event includes services like:

Specialist office visits (prenatal care)
Childbirth/Delivery Professional Services
Childbirth/Delivery Facility Services
Diagnostic tests (ultrasounds and blood work)
Specialist visit (anesthesia)

Total Example Cost	\$12,700

In this example, Peg would pay:

\$1,000
\$0
\$2,300
\$70
\$3,370

Managing Joe's Type 2 Diabetes

(a year of routine <u>participating</u> care of a well-controlled condition)

■ The plan's overall deductible	\$1,000
Specialist copayment	\$40
■ Hospital (facility) coinsurance	20%
Other coinsurance	20%

This EXAMPLE event includes services like:

<u>Primary care physician</u> office visits (*including disease education*)

<u>Diagnostic tests</u> (blood work)

Prescription drugs

<u>Durable medical equipment</u> (glucose meter)

Total Example Cost	\$5,600
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In this example, Joe would pay:

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Cost Sharing	
<u>Deductibles</u>	\$900
Copayments	\$300
Coinsurance	\$0
What isn't covered	
Limits or exclusions	\$3,500
The total Joe would pay is	\$4,700

Mia's Simple Fracture

(<u>participating</u> emergency room visit and follow up care)

■ The plan's overall deductible	\$1,000
■ Specialist copayment	\$40
■ Hospital (facility) coinsurance	20%
■ Other coinsurance	20%

This EXAMPLE event includes services like:

Emergency room care (including medical supplies)

Diagnostic test (x-ray)

<u>Durable medical equipment</u> (crutches)

Rehabilitation services (physical therapy)

Total Example Cost \$2,	800
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In this example, Mia would pay:

\$1,000
\$200
\$300
\$10
\$1,510